

THE CARA TRUST
(A Registered Charity and Company Limited by Guarantee)

REPORTS AND FINANCIAL STATEMENTS

For the year ended 31 May 2020

Registered Charity No. 328124
Registered as a Company in England & Wales No. 2284056

THE CARA TRUST
(Company limited by guarantee)

CONTENTS
For the year ended 31 May 2020

CONTENTS	Pages
Trustees Report	1 – 2
Statement of financial activities	3
Balance sheet	4
Notes to the accounts	5

THE CARA TRUST
(Company limited by guarantee)

TRUSTEES ANNUAL REPORT
For the year ended 31 May 2020

Introduction

The Trustees present the Annual Report and Accounts for The Cara Trust for the year ended 31 May 2020.

On 1st June 2018 we completed a merger with our friends at a very similar charity based in Hammersmith; River House Trust. In doing so we transferred the entire undertaking of the charity to The River House Trust.

There were no transactions or activities to report for the year under review.

Legal status

Cara is a company limited by guarantee (No: 2284056) and a registered charity (No: 328124).

Council of Management

Ian Govendir (Chairman)
Dean Nicholson
Rev. Chris Rogers

Chief Executive

Mr Chris Woolls

Registered office

River House
Furnival Gardens
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London W6 9DJ

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www.riverhouseuk.org

Members of the Council of Management (hereafter referred to as Trustees), who are also directors of the charity for the purposes of company law, and trustees for charity law, submit their annual report and accounts of The Cara Trust for the year ended 31st May 2020.

The Trustees confirm that this document complies with current statutory requirements, those of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities', issued by The Charity Commission 2005, as well as the guidance contained within 'CC15b - Charity Reporting & Accounting – The essentials', The Charity Commission 2009, and Public benefit: reporting 2013.

Structure, governance and management

The Cara Trust is governed by its Memorandum & Articles of Association, which were signed and registered on 11 July 1988. The Certificate of Incorporation of a Private Limited Company was issued on 4 August 1988.

Trustees are appointed for a 3-year term, with the option of having this extended to 2 further consecutive terms.

THE CARA TRUST
(Company limited by guarantee)

TRUSTEES ANNUAL REPORT
For the year ended 31 May 2020

Trustees are appointed at the Annual General Meeting or, where there are casual vacancies, by the Board itself. The charity is not a membership organisation as such – members of the company are comprised of the Trustee Board.

The trustees who served during the period were:

Ian Govendir (Chairman)
Rev. Chris Rogers
Dean Nicholson

Financial review

On 1st June 2018, the Charity merged with The River House Trust, a UK registered charity with similar aims and objectives.

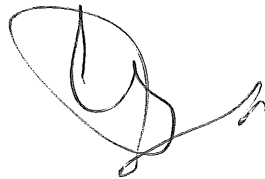
There were no transactions or activities to report for the year under review.

Small company special provisions

The report of the Council of Management has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006.

It was approved, and authorised for issue, by the Council of Management on 18 May 2021 and signed on its behalf by:

Ian Govendir
Chair

A handwritten signature in black ink, appearing to be 'I. Govendir', written over a faint circular stamp or watermark.

THE CARA TRUST

Statement of Financial Activities for the year ended 31 May 2020
(Including the Income and Expenditure Account)

	Unrestricted Funds	Restricted Funds	Total	31st May 2019 £
	2020 £	2020 £	2020 £	
Income & Endowments from:				
Donations & Legacies	-	-	-	-
Investments	-	-	-	-
Total income	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Expenditure on:				
Raising funds	-	-	-	-
Charitable activities				
<i>Transfer of net assets to The River House Trust</i>	-	-	-	59,890
Total expenditure	<u>-</u>	<u>-</u>	<u>-</u>	<u>59,890</u>
Net gains on investments	-	-	-	-
Net expenditure for the period	<u>-</u>	<u>-</u>	<u>-</u>	<u>(59,890)</u>
Transfers between funds	-	-	-	-
Net movement in funds	<u>-</u>	<u>-</u>	<u>-</u>	<u>(59,890)</u>
Reconciliation of funds:-				
Total funds brought forward	-	-	-	59,890
Total funds carried forward	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

The notes form an integral part of these financial statements.

THE CARA TRUST
Balance Sheet as at 31 May 2020
(Company Number 2284056)

	£	£	2019	£	£
Fixed assets		-		-	
		_____		_____	
Current assets	-		-		
Creditors: amounts falling due within one year	-		-		
	_____	-	_____	-	
Total net assets of the charity		_____		_____	-
Represent by:					
Unrestricted Revenue Funds		-		-	
Total charity funds		_____		_____	-

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2020.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 May 2020 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved on behalf of the Board of Trustees on 8 May 2021 and signed on its behalf by:-



IAN GOWENDIR
 Trustee

The notes form an integral part of these financial statements.

THE CARA TRUST

Notes to the Accounts for the year ended 31 May 2020

1. Accounting policies

a) Accounting basis

On 1st June 2018 the charity merged with The River House Trust, a UK Registered Charity with similar aims and objectives. The merger was undertaken by way of transfer of the entire net assets of The Cara Trust to The River House Trust.

Other than the transfer of the entire net assets of Cara Trust on the above said date there have been no further transactions to report either for the accounting period under review or the preceeding accounting period.